

# Addictive/Compulsive Disorders

COUN-6311

20/FR Section Temporary 08/24/2020 to 12/17/2020 Modified 02/16/2023

# Meeting Times

# Contact Information

# Course Description

An introduction to the nature of current drugs of choice and how they are being abused. A survey of the addictive and compulsive behavior patterns associated with alcohol/drug abuse, eating disorders, compulsive sexual behaviors, and compulsive gambling practices. An in-depth study of treatment for addictive disorders will be included. Terms Offered: Spring, alternating Summers.

Requisites

COUN 5312.

# Learner-Centered Outcomes

Student Learning Outcomes-Course: By the end of this course (COUN 6311) the student will be able to:

	Outcome and CACREP Standard(s)	Means of Assessmen
1.	Demonstrate a working knowledge of the theories and etiology of addictions and addictive behaviors (II.F.3.d, V.C.1.d)	classroom exam
2.	Identify signs and symptoms (behavioral, psychological, social, occupational, and spiritual) of addictive and compulsive behavior	classroom word list exam
3.	Analyze clients to diagnose the addictive process, including the potential for substance use to mimic and or co-occur with a variety of neurological, medical, and psychological disorders (V.C.2.e)	case study
4.	Compare and contrast behavioral disorders with substance abuse disorders	classroom exam
5.	Construct effective treatment interventions for clients with addictive and/or compulsive disorders, including identifying adjunct sources of support	site visit report & discussion board assignment
6.	Evaluate addictive and compulsive disorders from a biblical perspective	discussion board assignment



#### Uppers, Downers, All Arounders

Author: Darryl S. Inaba, Pharm. D. and William E. Cohen

Publisher: CNS Productions, Inc.

## **Healing the Wounds of Sexual Addiction**

Author: Mark R. Laaser

Publisher: Zondervan Publishers

## Assignments

#### Breakdown

- A. Site Visit Reports (2)
- 1. One visit must be to a 12 step support group.
- 2. One visit must be to a treatment facility.
- 3. Each report must be typed; double spaced, and must not be less than 2 or more than three pages.

The mandatory organization for the report will be as follows:

- 1. Name and address of facility / support group
- 2. Person contacted at the facility / support group
- 3. Population served by the facility (alcoholics, teen age drug abusers, dual diagnosed patients, etc.)
- 4. How the facility / support group receives funding for services.
- 5. How spirituality is addressed in the facility / support group.
- Suggestions for improving the services provided by the facility / support group.
- 7. Primary lesson learned from each site visit.

#### 1. Discussion Boards and Class Participation

Students are expected to come to class prepared to discuss the topic of study for that session. In addition, discussion boards will be posted for several of the sessions. Students are expected to make postings to the discussion boards IN A TIMELY MANNER and respond to the postings of classmates (at least 2 responses to classmate posting for each DB). For posts on specific topics of study, please reference at least one journal article that relates to the discussion (include citation of the article in your post). Please use articles which have been written in the last 5 years, and come from scholarly journals. The first response is due before midnight on Wednesday of each week. Should a student miss this deadline, the student will be marked absent and the discussion board grade will be reduced. Initial posts should be from 200-250 words in length.

The student is also required to dialogue with the other students. The student is to respond to the posts of two classmates. The deadline for responding to student postings will be the following Saturday at midnight. Response posts should be 100 to 150 words in length.

Discussions will be graded for thought, grammar, and insight. Please do not exceed the word limits for the posts. LATE POSTS WILL NOT BE ACCEPTED, AND THE STUDENT WILL RECEIVE A GRADE OF 0 IF THE POST IS LATE.

#### C. Exams

3 exams will be given during the semester, covering material examined. Check the class schedule for exam times. Please contact the professor if you are unable to be present for an exam due to an emergency or illness.

## **Requirements for Credit**

#### Requirements for Credit

Assignment	Weight / Points	Week Due	Details
Site Visit Report Support Group	20%		
Site Visit Report Treatment Facility	20%		
Discussion Board/Class Participation	30%		
Exams	30%		

# **i** Institutional Policies

#### Requirements for Undergraduate and Graduate Credit

When a 5000-level Graduate course is cross-listed with a 4000-level Undergraduate course or a 7000-level course is cross-listed with a 6000-level course, the syllabus clearly defines specific graduate requirements which reflect appropriate deeper learning experiences and rigor in the higher-level course.

Attention Education Certification Students: Go to <a href="http://www.dbu.edu/education/requirements">dbu.edu/education/requirements</a> (http://www.dbu.edu/education/requirements) for essential program requirements.

## **Attendance Policy**

According to DBU academic policy, attendance in class is considered a necessary factor in the learning process. Therefore, absences for all reasons must be kept to a minimum and should not exceed 25 percent of the total class time. Students are held responsible for all academic work required or performed during their absence regardless of the reasons for those absences. Students who register late are responsible for work missed. The policy concerning class attendance for individual courses, seminars, or other guided learning experiences will be determined by the faculty members in charge of such course, seminar, or learning experience.

#### **GPA Scale**

The GPA grading scale adopted by DBU for courses is:

A+	4.00	Α	4.00	A-	3.67
B+	3.33	В	3.00	B-	2.67
C+	2.33	С	2.00	C-	1.67
D+	1.33	D	1.00	D-	0.67
F	0.00				

<sup>\*\*</sup> No grades of D are awarded for graduate courses

#### Service-Learning

Service-learning is a teaching and learning strategy which integrates academic instruction, community service, and guided reflection from a Christ-centered, faith-based perspective in order to enhance student learning, to foster global civic responsibility, and to develop servant leaders. All courses play an important role in providing the student with an appropriate curricular foundation for service-learning. Designated service-learning courses incorporate a field-based component to provide the student with a curricular service-learning experience

#### **Financial Aid**

Students who are receiving federal, state, or institutional financial aid who withdraw or add hours during the semester may have their financial aid adjusted because of the withdraw or addition. This change in schedule may affect the aid they are receiving during the current semester, and could affect their eligibility for aid in future semesters.

#### **Disabilities**

The student has the responsibility of informing the Dean of Students, at (214) 333-5340, of any disabling condition for which the student will request course modifications and/or accommodation. Dallas Baptist University provides academic adjustments and auxiliary aid to individuals with disabilities, as defined under law, who are otherwise qualified to meet the institution's academic requirements. It is the student's choice and responsibility to initiate any request for accommodations. Required documentation must be provided before the university can make accommodations.

# University Honor Code/Academic Appeal and Academic Misconduct Procedure

University Honor Code/Academic Appeal and Academic Misconduct Procedure:

The faculty member endorses the University Honor Code and abides by the University's Academic Appeal and Academic Misconduct Procedure as stated in the Student Handbook and the Schedule of Classes.

Cheating and/or plagiarism are not tolerated at Dallas Baptist University and may result in expulsion.

#### Final Course Grades

Official final course grades are available only online through Self-Service. The Registrar's Office will only mail grades to a student upon request. The Dallas Baptist University undergraduate and graduate catalogs state that "All accounts must be paid in full before a student can...receive transcripts..." According to FERPA, faculty may not provide final grade information to students via telephone, email, posting or any other source which might compromise student confidentiality.

#### Children in Classes and Unaccompanied Children

Minors who are not DBU students are not permitted to attend class. Furthermore, minor children may not be unaccompanied on any property owned or operated by Dallas Baptist University. For their safety and welfare, unaccompanied children on any property owned or operated by Dallas Baptist University will be escorted to the Campus Security Office or other duly authorized location and the parents or guardians will be summoned to pick them up immediately.

## **Cell Phone and Electronic Device Policy**

Electronic devices shall only be used for course specific work. The professor reserves the right to ban their use at any time. The policy concerning electronic devices for individual courses, seminars, or other guided learning experiences will be determined by the faculty members in charge of such course, seminar, or learning experience.

### **Electronic Communication Policy**

The DBU campus e-mail system, or any other form of DBU electronic communication (i.e. Blackboard, class discussion, Collaborate) may not be utilized as an avenue to advertise the selling of goods or soliciting of donations from students, faculty, staff or members of the university community.

#### **Graduating Students Grades**

It is the responsibility of the student to notify the instructor if graduating this semester. Final exams for graduating students will be given earlier. Final grades for graduates are due in the Registrar's Office by noon on the Monday before Commencement (see Academic Calendar (https://www.dbu.edu/academics/calendar)). These grades are final. The instructor will not submit late grades for graduates nor change grades once they are submitted.

## **Unauthorized Recordings on Campus**

Students are not permitted to make or attempt to make an audio or video recording of any academic class, lab, course discussion or other academic instructional meeting without the explicit permission of the professor. Recordings that receive approval from the professor or are designated accommodations for a documented disability are for personal use only and may not be uploaded to the internet or otherwise shared, transmitted, or published. Recording of class without permission is a violation of the Student

# **iii** Schedule

All courses taught in a classroom include at least one online session.

#### (May change during the semester)

When	Topic	Notes
Session 1	Course Overview/Orientation Introduction to Addictions	Uppers, Downers, All Arounders Chapter's 1 and 2 Discussion Board 1
Session 2	Concepts of Alcoholism	Uppers, Downers, All Arounders Chapter 5  Discussion Board 2
Session 3	Cocaine & Amphetamines	Uppers, Downers, All Arounders Chapter 3  Discussion board 3
Session 4	Dual Diagnosis	Uppers, Downers, All Arounders Chapter 10
Session 5	Nicotine and Tobacco	Uppers, Downers, All Arounders Chapter 3 Discussion Board 4 Session 5
Session 6	Opiates/Opiods	Uppers, Downers, All Arounders Chapter 4  Discussion Board 5 Session 6
Break	BREAK	
Session 7	Sedative Hypnotics	Uppers, Downers, All Arounders Chapter 4  Exam #1  Site Visit #1 Due
Session 8	Marijuana/Psychedelics	Uppers, Downers, All Arounders Chapter 6  Discussion Board 6 Session 8
Session 9	Treatment and Relapse Management	Uppers, Downers, All Arounders Chapter 9 Discussion Board 7 Session 9
Session 10	Non-drug Behaviors Compulsive Gambling	Uppers, Downers, All Arounders Chapter 7
Session 11	Sexual Addictions I	Healing the Wounds of Sexual Addiction, Chapters 1-7  Exam #2  Discussion Board 8 Session 11
Session 12	Sexual Addictions II	Healing the Wounds of Sexual Addiction, Chapters 8-13
Session 13	Understanding Eating Disorders	Discussion Board 9 Session 13
Session 14	Treatment of Eating Disorder	

When	Topic	Notes
Session 15	Families and Addiction Drug Use and Prevention	Uppers, Downers, All Arounders Chapter 8
		Discussion Board 10 Session 15
		Site Visit Report #2 Due
Session 16	Exam #3 (Final Exam)	Final Exam